

# Mort's salads



## Mort's House Salad.....\$7.00

Fresh lettuce mix with tomatoes, avocados, cucumbers, carrots and shredded cheese, topped with our Granola topping with your choice of dressing

## Mort's Spinach & Mushroom Salad.....\$7.50

Fresh organic spinach, red onion, tomato, mushrooms, hard-boiled egg and mandarin oranges, topped with our homemade caramelized pecans with hot bacon dressing

## Mort's Seasonal Salad.....\$7.50

Fresh organic spring mix with cucumber, avocado, tomato, bacon, blue cheese and fresh strawberries, topped with our homemade caramelized pecans with raspberry-pecan vinaigrette



# Mort's MOUNTAIN BAGELS VARIETIES

always

- |                 |                |
|-----------------|----------------|
| Plain           | Poppy Seed     |
| Onion           | Apple-Cinnamon |
| Cinnamon-Raisin | Salt           |
| Honeywheat      | Blueberry      |
| SesameSeed      | Italiano       |

## other bagel varieties

*(please request 48 hours in advance)*

- |                         |                             |
|-------------------------|-----------------------------|
| Almond Poppy            | Honeywheat Cranberry-Walnut |
| Banana Nut              | Jalapeno                    |
| Berry Berry             | Lemon-Orange-Cranberry      |
| Carrot Cake             | Orange Poppy                |
| Cheddar Dill            | Parmesan                    |
| Chocolate Chip          | Pesto                       |
| Cornbread Jalapeno      | Pumpkin                     |
| Cracked Pepper Parmesan | Raspberry Wheat             |
| Cranberry-Apple-Walnut  | Seven-Grain Cranberry       |
| Garlic Cheddar          | Strawberry                  |
| Green Chile             | Strawberry Banana           |
| Herb Parmesan           | Tomato Herb                 |

AND A WHOLE LOT MORE!

*have a bagel day!*

To assure you the freshest bagel,  
**WE MAKE THEM AND WE BAKE THEM  
FRESH DAILY AT THIS RESTAURANT!**

Our left-over bagels are  
donated to Needs everyday.

ENJOY LIFE  
TREAT EVERYONE WITH RESPECT  
RECYCLE

**SUPPORT LOCAL BUSINESSES!**

# MOUNTAIN-STYLE BAGELS



1815 CAREY AVENUE  
Cheyenne, Wyoming 82001

*Located two doors north  
of Twin Dragon*

## 637-5400

### Hours

MONDAY-FRIDAY

6:30-2:00

SATURDAY

7:00-1:00

(CLOSED SUNDAY)

OUR BAGELS ARE BOILED AND BAKED  
THE TRADITIONAL MOUNTAIN WAY!

## We Deliver!

MONDAY-FRIDAY 7:30AM-1:30PM

DELIVERY FEE:

\$1.50 Downtown

\$2.00 Other Areas

# bagels

Bagel .....	\$1.04
Half Dozen (7).....	\$6.15
<i>Mort's</i> Dozen (14).....	\$10.00

## cream cheese & other toppings

Whipped Cream Cheese .....	\$3.05
Whipped Light Cream Cheese .....	\$3.05
Flavored Cream Cheeses .....	\$3.45
Lox Cream Cheese .....	\$4.35

Add butter with Cream Cheese .....	\$.25
Butter or Honey, Honey Butter or Jelly .....	\$2.50
Peanut Butter .....	\$3.30
Peanut Butter and Jelly .....	\$4.25

### To-Go Cream Cheese

Plain	Small .....	\$2.10	Large.....	\$3.50
Flavored	Small .....	\$2.60	Large.....	\$4.50

# breakfast items

### All-Natural Oatmeal

Raw oats, raisins, brown sugar, apple juice.....	\$3.85
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### Breakfast Bagel (Smoked Ham, Sausage or Bacon)

Meat & Cheese (American, Swiss, Pepper Jack, Cheddar).....	\$4.50
Egg, Meat and Cheese .....	\$4.75
add veggies (each).....	\$0.70

<i>Wyoming Sunrise</i> .....	\$4.85
Cream Cheese, Red Onion, Tomato & Avocado	

# sandwiches

ALL SANDWICHES ARE SERVED ON A FRESH BAGEL OF YOUR CHOICE AND INCLUDE A PICKLE SPEAR OR FRUIT.

- The Mort's*  
Smoked ham, avocado, cheddar cheese, & Mort's sauce ..... \$6.75
- The Carey*  
Honey-cured turkey, cranberry cream cheese..... \$6.75
- The Vedauwoo Veggie*  
Your choice of FIVE items: cheese, tofutti, peppers, red onion, cucumber, avocado, carrots, tomatoes, lettuce, sun-dried tomatoes, capers, mushrooms, fat-free 1000 Island or Peppercorn Ranch dressing..... \$6.50
- The Snowy Range*  
Seasoned chicken breast salad with roasted cashews, raisins, mayonnaise, celery, tomatoes and lettuce.....\$7.00
- The Rocky Mountain*  
Honey-cured turkey, roasted red peppers, melted Swiss cheese..... \$7.25
- The Happy Jack*  
Roast beef, red onions, tomatoes, melted pepper jack cheese, 1000 Island dressing..... \$7.35
- The Tom Horn*  
Hot turkey, bacon, avocado, lettuce, tomatoes, mayonnaise.....\$7.30
- The Fort*  
Smoked turkey, sun-dried tomatoes & melted Brie topped with maple sugar..... \$7.25
- The Pershing*  
Peanut butter, banana, honey ..... \$5.50
- The New Yorker*  
lox, chive cream cheese, red onion, and capers.....\$7.60
- The Lake Minnehaha*  
Albacore tuna, water chestnuts, red grapes, lemon dill mayonnaise, Swiss cheese, lettuce and tomato.....\$7.00
- The Rustlin' Ruelen*  
Smoked pastrami, sauerkraut, Swiss cheese, 1000 Island dressing .....\$7.20
- The Buckhorn*  
Bacon, lettuce, tomato & mayonnaise.....\$6.30
- The Big Horn*  
Vegan Black Bean Burger, avocado, salsa, red onions, lettuce & american cheese...\$6.70

# sides and goodies

Chips .....	\$1.20
Cookies .....	\$1.75
Brownies.....	\$1.60
Pickle Spear .....	\$0.30
Soup sm. ....	\$3.10
Soup lg.....	\$3.50

# beverages

Gourmet Coffee.....	\$2.15
Bottled Water or Hot Tea.....	\$2.05
Bottled Juices or IcedTeas.....	\$2.40
Fountain Drinks.....	\$2.15
Milk .....	\$2.30
Starbucks Drinks.....	\$3.24